

Summer Workshop Series

All events held at Santa Barbara Graduate Institute
525 E. Micheltorena, Room 302, Santa Barbara, CA 93103
Pre-registration required. Limited seating.
Select scholarships available.

6 CE credits per workshop: MFT, LCSW, RN (must attend 6 hrs.)

Schedule

Registration: 8:30 am

Sessions: 9:00 am – 12:30 pm and 2:00 pm – 5:00 pm

Lunch Break: 12:30 pm – 2:00 pm

Fragrance free event. Please refrain from wearing scented products.

Nursing infants are allowed with consideration
of class members' learning experience.

Refund policy: A written notice must be received at least 48 hours
prior to the event for a refund of 50%. No refund will be given after
that time. Tuition may be transferred to another person.

For information or to register: (805) 963-6896, ext. 107

Mail or drop off registration: Attention Alice Richardson
Santa Barbara Graduate Institute

525 E. Micheltorena, Suite 205, Santa Barbara, CA 93103

Summer Series Registration Form

Name _____

Email Address _____

Phone _____

Postal Address _____

Circle each event for which you are registering.

Event	By May 31	After May 31	CEUs
June 21, Optimize Development	\$115	\$145	\$25
July 26, Early Imprints-Adults	\$115	\$145	\$25
Aug. 1, Film Night	\$15	\$15	
Aug. 2, Energy Psychology	\$115	\$145	\$25
Aug. 3, Parenting & Partnering	\$115	\$145	\$25
Aug. 9, Heal from Difficult Birth	\$115	\$145	\$25
Series Package (Save \$85-\$140)	\$500	\$600	\$100

TOTAL: _____

Method of Payment: Cash Check to SBGI Credit Card

Credit Card # _____ Exp _____

Signature _____



Santa Barbara Graduate Institute

Nurturing the Innate Wisdom of the Whole Person

Now enrolling for Fall 2008!

MA and PhD Degrees
Clinical Psychology
Prenatal and Perinatal Psychology
Somatic Psychology

For information on SBGI's degree programs and applying
to the Institute, contact the Admissions Office
at (805) 963-6896 or visit www.sbgi.edu.



Natural Family Living ~Right from the Start

A community project of the Santa Barbara
Graduate Institute Center for Clinical
Studies and Research providing information,
education, research, training, and support
for families, professionals, community
programs, and policy-making groups to
maximize human potential and optimal
relationships from the beginning of life.



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Visit our web site to learn more about the 12 Guiding Principles of Primary
Psychology to Nurture Human Potential & Optimal Relationships



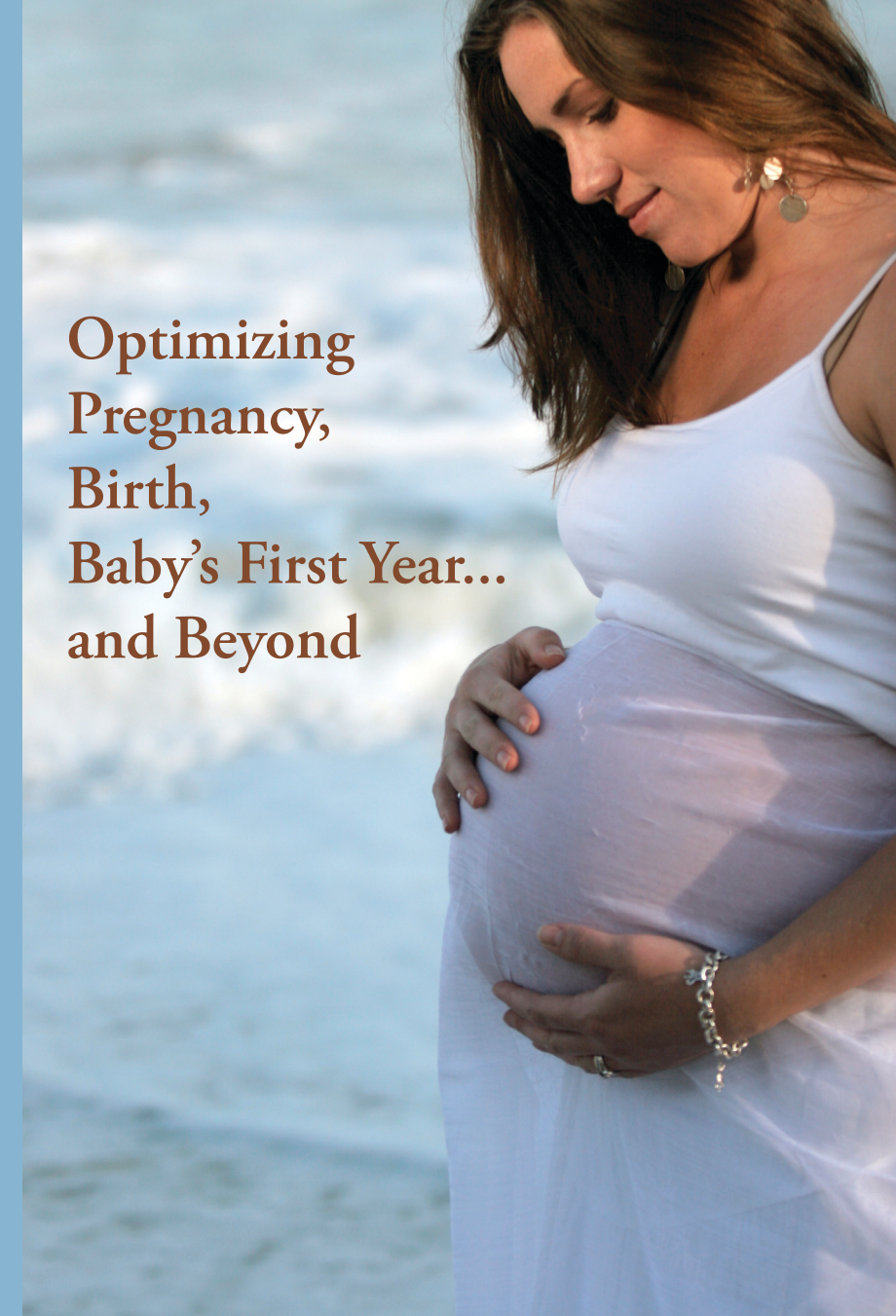
Wondrous Beginnings

Wendy Anne McCarty, PhD

www.wondrousbeginnings.com

Provider #CEP13505 approved by CA Board of Registered Nursing, Wondrous
Beginnings, Santa Barbara, CA. This course meets the qualifications for an approved
school to provide CE for MFT's and LCSW's as set forth in Sec. 1887.6a and is
provided by Santa Barbara Graduate Institute, Santa Barbara, CA.

Optimizing Pregnancy, Birth, Baby's First Year... and Beyond



A Prenatal and Perinatal Psychology
Summer Workshop Series

With Leading Experts

Optimizing Pregnancy, Birth, Baby's First Year... and Beyond

A Prenatal and Perinatal Psychology Summer Series With Leading Experts

A community series of one-day workshops and a film event for professionals and parents to explore best practices for raising healthy, resilient children, supporting loving relationships, and healing at any age. We now understand that our earliest experiences set in motion our core life patterns. In this series, learn and experience key principles and skills to heal stress patterns and to optimize potential.

Saturday June 21

Six Keys to Support Optimal Development and Secure Relationships in Baby's First Year

In this workshop you will learn the unique differences of a baby's developing nervous system and just how important responsive relations are to a baby's development. Through video presentation, discussion, and example you will experience key principles to move and play with, converse with, respond to, support, hold, and care for babies, which provide the foundation for optimal neurological and relational development.

Jean Weitensteiner has worked with individuals, families and children for 25 years integrating skills as an occupational therapist, pediatric neurodevelopmental specialist, prenatal and birth therapist, guest lecturer, trauma resolution therapist, and biodynamic cranial sacral therapist. She works with individuals and infants and their families through her private practice, a non-profit research clinic, and through other early intervention settings and is an SBGI contributing faculty member.

Saturday, July 26

Discover and Work With Early Imprints in Adults: Specific Tools for Healing Yourself

Imprints of our prenatal and birth experiences can have profound impact in our day-to-day adult lives. In this workshop Dr. Lyman will describe and identify these verbal, emotional, and somatic imprints in adults. Experiential exercises explore how these memories relate to current problems and our capacity to heal them.

Bobbi Jo Lyman, PhD is the Chair of the Prenatal and Perinatal Psychology Department at Santa Barbara Graduate Institute, Editor-in-Chief of the Journal of Prenatal and Perinatal Psychology and Health, and the author of Prenatal and Birth Memories: Working with Your Earliest Experiences to Help Your Life Today.



Friday August 1

Film Night with Expert Panel: "Try It On Everything"

Watch the newly released film, "Try It On Everything," about Emotional Freedom Technique (EFT): A Universal Healing Aid, as 10 people work with master EFT professionals to heal a wide variety of emotional and physical issues. Learn from a panel of experts how to use EFT for yourself to relieve stress, achieve greater health, and more of what you want in your life. This technique is particularly appropriate for young families. Panel includes:

Wendy Anne McCarty, PhD, RN, D.CEP

Gloria Arenson, MFT, D.CEP is Past President of the Association for Comprehensive Energy Psychology, author of Five Simple Steps to Emotional Healing, and a psychotherapist in Santa Barbara.

7:00 - 9:30 pm (6:30 pm registration)

Cost: \$15/per person. Limited reserved seating.

Saturday August 2

Optimize, De-Stress & Heal During Pregnancy & Prepare for Birth Utilizing Energy Psychology Tools: EFT, TAT, HeartMath

Parents and professionals will explore new principles and learn effective leading-edge energy psychology techniques to optimize pregnancy, birth and bonding for the whole family! Learn how to include baby and strengthen prenatal bonding in the process. Observe demonstrations and learn to work with key issues from past, to present, and planning for the future!

Wendy Anne McCarty, PhD, RN, D.CEP, Diplomate, Comprehensive Energy Psychology, is Founding Chair and core faculty of Prenatal and Perinatal Psychology Program, SBGI; author of EFT for Mom, Baby and Dad From the Beginning of Life; a private practitioner supporting individuals and families in Santa Barbara and globally by phone; and Director, Natural Family Living-Right From the Start.

Sponsored by Santa Barbara Graduate Institute, Natural Family Living ~ Right From the Start, & Wondrous Beginnings

Sunday August 3

Parenting and Partnering: Deepening Love Through Baby's First Year

Parenting can take its toll on relationship. Raging hormones, sleepless nights and upset schedules can all add to a lack of feeling close as a couple. In this workshop you will learn specific tools to get your relationship back on track and deepen your love. Individuals and couples welcomed.



Marti Glenn, PhD is the President of Santa Barbara Graduate Institute. She has been a pioneering psychotherapist and educator for over 30 years. Dr. Glenn has facilitated trainings and seminars all over the United States and in Europe. She is a board member of the Association for Prenatal and Perinatal Psychology and Health and has been Chair of three International Congresses.

Saturday August 9

Heal From Your Difficult Birth: A Workshop for Moms, Dads and Partners

What you can do when your child's birth did not go the way you wanted it to. Learn 5 guiding principles to heal from a difficult birth and to deepen your connections with your baby and your partner. This workshop is for moms, dads and partners.

Ray Castellino, D.C., R.P.P., RCST® is a father and grandfather. He trains health care professionals in his innovative approach to supporting families during the childbearing years. He is the Director of the Castellino Prenatal and Birth Training, is Clinic Director of BEBA, leads workshops for adults and is an adjunct faculty member of SBGI.

Mary Jackson, L.M., R.N., RCST® has been a home birth midwife for over 30 years providing prenatal care, home birth, post partum care, water birth, prenatal and birth trauma counseling, and cranio-sacral therapy. Her focus is on assisting babies and parents to integrate the prenatal and birth experience in order to strengthen their relationships. She is an SBGI contributing faculty member.