

JUDYTH O. WEAVER, Ph.D.

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ACADEMIC POSITIONS

- 1999- present Co-founder Santa Barbara Graduate Institute
Creator and Chair of Doctoral and Masters Program in Somatic
Psychology. Teaching various courses.
- 1979 - present Faculty member, California Institute of Integral Studies (At time of
initial association was named California Institute of Asian
Studies.)
- 1998 - present Adjunct faculty, Somatics program.
Teaching:
Sensory Awareness
Theories and Techniques of Somatic Psychotherapy
- 1998 - Professor of Somatics, full-time core faculty
Courses taught:
Sensory Awareness
Body/ Mind/Spiritual Practices - East and West
Non-Western Methods of Movement, Posture &
Consciousness
Cross-Cultural Approaches to Health, Sexuality, and Body
Movement
Theories and Techniques of Somatic Psychotherapy
- 1979-1991 Core faculty member - East/ West Psychology Program.
Courses taught:
T'ai Chi Ch'uan
BodyMind Practices - East and West
Life Energies - East and West
East/ West Integrative Seminar
Process courses
Psychology of Wilhelm Reich
Somatic Psychotherapies
Sensory Awareness
Art/ Body/ Culture: The Varieties of Human Condition
- 1984-1989 Program Director, East/ West Psychology Program
- 1981-1983 Director of Continuing Education

- 1992-1993 Associate Professor, guest faculty, California Institute for Human Science, Encinitas, California
- 1987-1989 Adjunct Faculty, John F. Kennedy University, Orinda, Ca. Taught annual courses in T'ai Chi Ch'uan
- 2002- present Adjunct Faculty, John F. Kennedy University, Orinda, Ca. Teaching Sensory Awareness practicum.
- 1986- 1987 Adjunct Faculty, California Institute of Transpersonal Psychology, Menlo Park, Ca. Taught T'ai Chi Ch'uan
- 1974-1976 Original faculty, Naropa Institute, Boulder, Colorado Created T'ai Chi Ch'uan program.

PROFESSIONAL EXPERIENCE

- 1976 - present Private Practice in Reichian-based awareness therapy: Somatic Reclaiming, Mill Valley, CA
- 1971 - present Teacher of T'ai Chi Ch'uan throughout U.S.A., Canada, Europe and Japan.
- 1970 - present Presenting workshops, classes and lectures in my synthesis of principles of T'ai Chi, Sensory Awareness, breath and structural awareness, meditation, and Reichian-based work, that I now call Somatic Reclaiming - at Esalen Institute and other growth centers and schools in U.S., Canada and abroad.
- 1970 – 1974 Associate in Residence, Cold Mountain Institute, Cortes Island, B.C., Canada. Various workshops presented.
- 1988 – present Presenting various workshops of various lengths from 5 days to 1 month: Hollyhock Farm, Cortes Island, B.C., Canada Associate in Residence.
- 1985 - 1998 Teaching annual workshops in Sensory Awareness in Japan for the Japan Association for Humanistic Education.
- 1998- present Teaching workshops in Sensory Awareness for various agencies and privately throughout Japan.

2002-present	Lectures and workshops in Pre-and Perinatal Psychology and Therapy, for Centre for East/West Dialogue, Japan.
1997- present	Teaching periodic classes (1997, 1998, 2000, 2001, 2002) in therapeutic massage and other wholistic healing modalities to the exiled Tibetan Buddhist Nuns at Dolma Ling Nunnery and Institute of Higher Studies in Dharamsala, India, through the auspices of the Tibetan Nuns Project.
1990 & 1997	Workshops in Sensory Awareness, Taipei, Taiwan, Republic of China.
1993-present	Teaching Rosen Method Body/ Mind Integrative work in Moscow, Russia under auspices of Salus International Health Institute: April/ May, 1993, September/ October, 1993, March/ April, 1994, September, 1996, September, 1997 & 1998, November 2000, 2001, May, 2002.
1985	Workshop in Sensory Awareness and Reichian Release for the Centre for Bioenergy, Kyoto, Japan
1977	Taught "Touch" for Holistic Life University, San Francisco.
1969-1970	Taught Sensory Awareness, meditation and movement at Project Community, an experimental program in affective education for high school students as an alternative to drugs program, under the auspices of the Psychology Department, University of California, William Soskin, Ph.D, Director, Berkeley, California
1965-1968	Taught Modern Dance and English Conversation in Tokyo, and Kobe, Japan. English language television shows and records.

DEGREES AND CERTIFICATIONS

Ph.D. in Psychology, 1979, International College, Los Angeles, CA. Dissertation Title: "Ways of Balance East and West: T'ai Chi Ch'uan and Reichian Therapy"

B.A. in Psychology, 1977, Reichian Therapy, International College.

Certified by Charlotte Selver as Teacher in Sensory Awareness, 1983.

Certified as Rosen Method Practitioner, 1991.

Certified as Rosen Method Teacher, 1999.

Certified as practitioner in Somatic Experiencing by Peter Levine, 1998

Certified in Pre-Natal and Birth Therapy by Raymond Castellino, D.C., R.P.P. 2000

Certified as Craniosacral Biodynamic Therapist by Franklyn Sills, U.K., 2001

Certificate in Massage Therapy, Marin School of Massage and Healing Arts, 1979

Certificate in Reichian Therapy, International College, June 1976. Training program in Reichian Therapy (1975-76) with Dr. Philip Curcuruto included studies in anatomy and physiology. Personal weekly therapy with Dr. Curcuruto, . 1975-80. Entire training program repeated, 1977-78.

Certificate in Reichian Therapy, from Eva Reich, from various trainings, 1986-1990.

Authorization to teach T'ai Chi Ch'uan by Grandmaster Cheng Man-Ch'ing's Shr Jung School for Culture and the Arts, New York City, 1971.

ADDITIONAL TRAINING AND STUDIES

1999-present Continuing training in Craniosacral Biodynamic Therapy

2001-2003 Teaching assistant in Craniosacral Biodynamic Therapy for Roger Gilcrest

1998-present Continuing training programs in Prenatal and Birth therapy and process with Raymond Castellino, D.C., R.P.P.

2002-present Teaching assistant in Castellino's training in Prenatal and Birth therapy.

1995-present Training program in Diagnosis and Treatment of Pre and Peri-natal Shock and Trauma with William Emerson, Ph.D.

1991-1995 Studies in working with shock and trauma and Somatic Experiencing with Peter Levine, Ph.D.

1990-1991 One-year training program in Bodydynamics with Lizbeth Marcher and Marianna Bentsen.

1986-1999 - Studies in organomic energetic procedures and rebirthing, pre-, peri and postnatal therapies, with Dr. Eva Reich.

1987- present -Studies in Qi Gong with various Chinese Qi Gong Masters, San Francisco.

1968- present - Studies of T'ai Chi Ch'uan, Yang form, school of Grandmaster Cheng Man-Ch'ing, as taught at his Shr Jung Center for Culture and the Arts, New York City. Presently senior student of Pang Jeng Lo, main disciple of Cheng Man-Ching for 30 years and Master in his own right.

1968-2003 - Studies in Sensory Awareness with Charlotte Sever and Charles V.W. Brooks including intensive study groups, 1982 & 1984 and annually since 1993. Leaders' Invitational Course, 1985.

1975-1980 - Studies and practice in Cranial/Sacral Therapies with Curcuruto, D.C. and Upledger, D.O., included in Reichian- based Awareness practice, San Francisco.

1974 - Ten week training course in Reichian Therapy with Dr. Gerald Frank in San Francisco.

1968-69 - Training seminars in Bioenergetics with Alexander Lowen, John Pierrakos, Stanley Keleman in California.

1986-91 - Training and internship in the Rosen Method, non- intrusive , intuitive somatic therapy, Berkeley, CA.

1969-70 - Breathing Therapy with Magda Proskauer, San Francisco.

1973 - Movement Analysis with Judith Aston, San Francisco.

1969 - "Movement in Depth" Teachers Training workshop with Mary Whitehouse, Santa Monica, CA. Further studies with Josie Taylor, Stanford University, Palo Alto, CA.

1974-1976 - Indian Classical Dance, Odissi Style, with Guru Surendranath Jena, Master of Odissi style and his student Arlyn Ray, M.A.

1979-1982 - Studies in Reichian Therapy with Al Bauman, ex-client and friend of Wilhelm Reich: California.

1979-1981 - Gestalt Therapy Institute of San Francisco Training Program.

1968 – Gestalt therapy workshop with Fritz Perls, Esalen Institute, Big Sur, Ca.

1979 – Gestalt therapy workshop with Laura Perls, San Francisco.

1981 – Gestalt therapy workshop with Jim Simkin, Big Sur. Ca.

1979-1981 - Training with other Gestalt leaders.

1974-1984 - Studies in intuition development with Anne Armstrong.

1983 - present - Leader of Zen Meditation Group, weekly and intensive meditation practices throughout U.S., Canada, and Japan.

1980-1981 - Training Seminars in Jin Shin Jyutsu with Mary Burmeister, in Arizona and California.

1982-1983 & 1989 - Studies in Breathing Therapy with Ilse Middendorf, California.

1983-1988 - Studies in Eutonia with Gerta Alexander, California.

1978-1980 - Studies in Dance/Movement Therapy with Susan Wallock, San Francisco.

PRESENTATIONS

1982 "Benefits of T'ai Chi Ch'uan in the Lives of Seniors," American Gerontology Association Meeting, Oakland, Ca.

1982 "T'ai Chi Ch'uan as a Way of Life," AAHP Annual Meeting, L. A., Ca.

1986-1992 Numerous guest lectures at John F. Kennedy University, Orinda, Ca., California Institute of Integral Studies, and other centers and schools.

1984 "Integrating T'ai Chi Ch'uan Into Your Life," International Transpersonal Association Meeting, Kyoto, Japan.

1984 "How T'ai Chi Ch'uan Can Help the Lives of Diabetics," American Diabetes Association Meeting, San Francisco, Ca.

1994 Presentation on Reichian Therapy in class on Alternative Therapies, Dominican College, San Rafael, Ca.

1995 Presentation on T'ai Chi Ch'uan to the conference of Association of Medical Students, San Francisco, Ca.

1997 Presentations: teaching T'ai Chi Ch'uan and leading "weaving" introductions for some of the speakers the Body and Soul Conference presented by NEW AGE JOURNAL and Hollyhock Farm, San Francisco, California.

1997 "Rights of Infants," Association for Pre and Perinatal Psychology and Health, San Francisco, California.

- 1998 Two Presentations: "T'ai Chi Ch'uan" and "Sensory Awareness" at Conference of the Creative Arts Therapies, Kaua'i, Hawai.
- 1998 Presentations: "Sensory Awareness" at Taking the Cure, the German Roots of Holistic Healing, San Francisco, California.
- 1998 Presentation: "Sensory Awareness: A Basis for Somatic Psychotherapy," at 1st National Conference of the United States Association for Body Psychotherapy, Boulder, Colorado.
- 1999 Presentation: "Working Somatically with Survivors of Extreme Torture" at Body Wisdom, International Somatics Congress, Arrowhead Springs, California.
- 1999 Day-long pre congress workshop co-taught "Interactive Sandplay – Sensory Awareness and Movement" at the 9th International Congress of The Association for Prenatal and Perinatal Psychology and Health, San Francisco, California.
- 1999 Presentation: "Working Somatically with Infants and Mothers," at the 9th International Congress of The Association for Pre and Perinatal Psychology and Health, San Francisco, California.
- 1999 and 2000 One day classes taught at San Francisco Zen Center: Introduction to T'ai Chi Ch'uan.
- 2000 Presentation: Sensory Awareness: The Art and Science of Somatic Inquiry at 2nd National Conference of the United States Association for Body Psychotherapy, Berkeley, California.
- 2001 Panel Presentation with Marjorie Rand, Ph.D. and Christine Caldwell, Ph.D.: "Body Based Therapy" and presentation on "Working Somatically with Infants for Resolution of Birth Traumas" at 10th International Congress of The Association for Prenatal and Perinatal Psychology and Health, San Francisco, California.
- 2002 & 2003 Presentation: Sensory Awareness: The Key to Working Somatically with Shock and Trauma at From Neurons to Neighborhoods conference, Los Angeles, Ca.
- 2002 Presentation: Sensory Awareness – The convergence of Body and Mind at 3rd National Conference of the United States Association for Body Psychotherapy, Washington, D.C.

RESEARCH:

The Psychology and Physiology of T'ai Chi Ch'uan - in progress

FOREIGN LANGUAGE: Japanese (poorly spoken, not able to read.)

PUBLICATIONS

2001 Article: "These are Her Experiences - An Account of a Somatic Journey"
Somatics Magazine, Spring/Summer, 2001.

1986-present Various articles written for the "Sensory Awareness Newsletter. "

1998 Article: "Our True Nature: The Soul's Way" Fili Magazine, Japan (in Japanese)

1998 Article: "Touching Our Human Essence - Leading Sensory Awareness Classes in Different Cultures" Somatics Magazine, Fall/ Winter, 1997-1998.

1997 Chapter: on the somatic psychotherapy I have developed, Somatic Reclaiming, in a book on the work of Eva Reich, entitled: "Beispiel einer Behandlung mit Sanfter Bioenergetik- Vergleich zu verschiedenen Formen von Körperarbeit" in the book Lebensenergie durch Sanfte Bioenergetik. Editor: Exzter Zornanszky. Publisher: Kosel-Verlag GmbH & Co. Munich, Germany. 1997. (in German)

1991-1992 Article: "Excerpts from a Journal: Bringing Sensory Awareness to Japan"
Somatics Magazine, Fall, 1991 & Spring, 1992.

1990 Introduction to Chinese edition of Sensory Awareness: Rediscovery of Experiencing by Charles V.W. Brooks, published in Taiwan.

In progress: Body/ Mind/ Spirit; Ways of Balance - East & West. Anthology of Eastern and Western integrative practices (developed from dissertation of same name on T'ai Chi Ch'uan and Reichian therapy). Work in progress.

To be published: "Reclaiming Myself" contribution to book Dancing in the Heart of Wonder, women discussing the body-mind relation. Editor: Arachne Stevens.

To be published: "Taking the Bull By The Horns" contribution to book Songs of Realization Contemporary Women in the Dharma. Editor: Anna Douglas.

ADDITIONAL PROFESSIONAL PROJECTS:

1998 May 17- June 13 - Leading Somatics, Community and the Soul. A month-long workshop with daily teaching Sensory Awareness, T'ai Chi Ch'uan, movement, and process groups at Hollyhock, B.C., Canada

1997 Teaching and facilitating the work/ study program for Hollyhock Farm, wholistic conference center, Cortes Island, British Columbia, Canada, March/April, 1997.

1995-1999 Volunteer clinical work for the Healing Center for Survivors of Political Torture, San Francisco, California: Working with war survivors and holocaust survivors.

Video Library of leaders in the somatics field. In particular a video series of the work of Charlotte Selver based on the 50+ classes I have filmed in the study groups. To be edited.

Video project of child development: The first two years of Baby Max. To be edited.

PROFESSIONAL AFFILIATIONS:

Sensory Awareness Foundation
Sensory Awareness Leaders Guild
Rosen Method Professional Association
Association for Humanistic Psychology, Somatics Community
United States Association for Body Psychotherapy
Association for Prenatal and Perinatal Psychology and Health
Craniosacral Therapy Association of North America
Foundation for Human Enrichment

OTHER:

1968 Traveled in Southeast Asia, India & Nepal as a member of Buddhist pilgrimage led by Zen Master Yamada Mumon

1968 Lived in Mexico, helping start the first Zen Center in Mexico City; Mexico. Rev. Ejo Takada, Director. Also worked with Mexican psychiatrists giving sensory awareness and movement classes.

1965 - 1968 Studied and lived in Tokyo and Kobe, Japan:

Studied Japanese Classical Dance (kabuki) with Fujima Kanjuro TV, ultimate head of all schools of kabuki and Japanese classical dance, and with his daughter, who has inherited his title and become Fujima Kanjuro VII, Tokyo, 1965-66.

Studied Noh with Hosho Kimie of the Hosho School, including performance of a dance (Oshimai) from Matsukaze. Tokyo, 1966.

Studies in Japanese Tea Ceremony, Folk Festivals, and other cultural aspects of Japanese culture and movement. 1965-68.

Studies in Taoism, Buddhism, and meditation from 1957 to present. Lived as monk at Shofukuji - Rinzai Zen Monastery under teaching of Zen Grandmaster Yamada Mumon Roshi in Kobe, Japan. 1966-68

1957- 1965 Studied, performed, and taught modern dance, ballet, jazz, Japanese, and primitive dance in New York City, San Francisco and Japan.