

Stella Resnick, Ph.D.  
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Los Angeles, CA 90069  
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## **Curriculum Vitae**

### **EDUCATION**

Ph. D. Clinical Psychology, Indiana University,  
Bloomington IN, 1961-1966.

Pre-Doctoral Internship, U.C. Medical Center, Langlely Porter NPI,  
San Francisco, CA, 1964-1965.

B.A. Brooklyn College, cum laude  
Brooklyn NY, 1957-1961.

### **PROFESSIONAL TRAINING**

Gestalt Training with Fritz Perls, 1969-1970.

Gestalt Training with Laura Perls, 1970-1976.

Training programs with Virginia Satir, Milton Erickson, Stanley Kellerman,  
Moshe Feldenkrais, John Pierrakos, Phil Cucuruto, Charlotte Selver,  
Magda Proskauer, Leonard Orr, Jack Kornfeld and Joseph Goldstein.  
1968-1976.

Human Sexuality program, UC Medical Center, Langlely Porter NPI, San  
Francisco, with Rebecca Black, Harvey Caplan, Jay Mann, Bernie  
Zilbergeld, 1973.

Sexuality seminars, Betty Dodson, New York, 1973-1975.

### **PROFESSIONAL EXPERIENCE**

Private Practice in Body-centered Gestalt therapy, San Francisco CA,

New York NY, Los Angeles CA, 1970 to present

Core Faculty, Santa Barbara Graduate Institute, Santa Barbara CA,  
2001 to present

Lecturer, Institute for the Advanced Study of Human Sexuality,  
San Francisco CA, 1991 to present

Personal Growth and Continuing Education for Mental Health Professionals,  
UCLA Extension, Los Angeles, CA, 1983 to present

Training lecturer, Verdugo Mental Health Center, 1991-1995

Adjunct Faculty, Antioch University, Venice, CA, 1980-85.

Gestalt training offered through Esalen Institute, Big Sur, CA; Omega,  
Rhinebeck NY, and Institutes in Canada, England, Scotland, Greece,  
Israel, Australia, Japan, and Nepal, 1970 to present

Adjunct faculty, Naropa Institute 1974-75

Training Faculty, San Francisco Gestalt Institute 1970-76

Assistant professor of psychology,  
San Diego State College, 1966-1968.  
San Jose State College, 1968-1969.

## **PROFESSIONAL ORGANIZATIONS AND OFFICES HELD**

Society for the Scientific Study of Sexuality  
Western Region President, 2002-2003  
Member since 1985

Group Psychotherapy Association of Southern California  
President, 1993-1994  
Member since 1990

American Psychological Association  
Executive Board, Division 32, 2000-2002

Member since 1983

United States Association of Body Psychotherapy

Member since 1998

Association for the Advancement of Gestalt Therapy

Member since 1996

## **RECENT PUBLICATIONS**

Resnick, S. (2004). Somatic-experiential sex therapy: A body-centered Gestalt approach to sexual concerns. *Gestalt Review*, 8 (1) 40-64.

Resnick, S. (2004). Response to commentaries. *Gestalt Review*, 8 (1) 74-79.

Resnick, S. (2003). Book Review: "Body of awareness: A somatic and developmental approach to psychotherapy." *Gestalt Review*, 6(3) 260-263.

Resnick, S. (2002). Sexual pleasure: The next frontier in the study of sexuality. *The SIECUS Report*, 30(4), 6-11.

Resnick, S. (2001). The humanistic psychology and positive psychology connection: Implications for psychotherapy. *Journal of Humanistic Psychology*. 41(1), 73-101.

Resnick, S. (1997). *The pleasure zone: Why we resist good feelings & how to let go and be happy*. Berkeley: Conari Press. [*The Pleasure Zone* has also been published in the British Commonwealth, Spain and Latin America, Brazil, Germany, Italy, Israel, India, Korea, and China.]

Resnick, S. (1994). Sex and Pleasure. In *Human sexuality: An encyclopedia*, (eds. Bullough and Bullough) New York: Garland, 457-464.

## **HONORS**

Diplomate, American Board of Sexology.